

Environment and Wellbeing Web Questionnaire, Part A

ABOUT YOU

Text shown in a blue font (screen numbers, validation rules) are for information only: these pieces of text were not shown on screen for twins. The other sections of text, in a black font, are exactly as shown on screen.

SCREEN 1

INTRODUCTION (text with voice-over)

This activity is a questionnaire about you.

Simply click on the best answer for each question.

There are no “right” or “wrong” answers – just answer according to how you think and feel.

VALIDATION RULES for SCREEN 2:

- Require 7 items (1/3) to be answered before moving on.
- If less than 7 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."

SCREEN 3

	Excellent	Very good	Good	Fair	Poor
In general, how would you say your health is?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	No	Yes
Do you have glasses or contact lenses to help you see?	<input type="checkbox"/>	<input type="checkbox"/>

Please answer the following questions even if you do not wear glasses or contact lenses.

	Not difficult at all	\longleftrightarrow			Extremely difficult
Without glasses or contact lenses, how difficult is it for you to see detail in things that are far away (such as a cinema screen, street signs, or the classroom whiteboard)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Without glasses or contact lenses, how difficult is it for you to see detail in things that are close up (such as reading ordinary print in a newspaper, magazine, or on a computer screen)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

VALIDATION RULES for SCREEN 3:

- Require all 4 items to be answered before moving on.
- If less than 4 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."

SCREEN 4

**Please answer these questions about your home.
Think about how things have been in the last 3 months.**

	Not true	Quite true	Very true
First thing in the day, we have a regular routine at home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
You can't hear yourself think in our home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It's a real 'zoo' in our home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We are usually able to stay on top of things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There is usually a television turned on somewhere in our home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The atmosphere in our house is calm.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

VALIDATION RULES for SCREEN 4:

- Require 2 items (1/3) to be answered before moving on.
- If less than 2 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."

SCREEN 5

What activities do you do on the computer at home?

	Never	1-2 times a week	3-4 times a week	More than 4 times a week
Entertainment games – “just for fun”	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educational games - games that help you learn reading, math, or other school subjects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Word processing, graphics, photo editing, typing a letter, story or report	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chat rooms, instant messaging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Using web sites on the Internet for fun	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Using web sites on the Internet for schoolwork	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reading an online book, magazine, or newspaper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

VALIDATION RULES for SCREEN 5:

- Require 4 items (1/2) to be answered before moving on.
- If less than 4 items are answered, present the following pop-up text: “You haven’t answered enough of the questions on this page. Please try to complete some more before moving on.”

SCREEN 6

The sentences below describe how people think about themselves and how they do things in general. For each sentence, please think about how you are in most situations. Select the box that describes you the best. There are no right or wrong answers.

	All of the time	←—————→				None of the time
I think I am doing pretty well.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can think of many ways to get the things in life that are most important to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am doing just as well as others my age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I have a problem, I can come up with lots of ways to solve it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I think the things I have done in the past will help me in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Even when others want to quit, I know that I can find ways to solve the problem.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

VALIDATION RULES for SCREEN 6:

- Require 3 items (1/2) to be answered before moving on.
- If less than 3 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."

SCREEN 7

To what extent do you agree with the following statements?

	Strongly agree	←————→						Strongly disagree
I have so much in life to be thankful for.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
If I had to list everything I felt grateful for, it would be a very long list.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
When I look at the world, I don't see much to be grateful for.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
I am grateful to a wide variety of people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
As I get older I find myself more able to appreciate the people, events, and situations that have been part of my life history.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Long amounts of time can go by before I feel grateful to something or someone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
I would describe myself as someone who actively seeks as much information as I can in a new situation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
When I am participating in an activity, I tend to get so involved that I lose track of time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
I frequently find myself looking for new opportunities to grow as a person (e.g., information, people, resources).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
I am <i>not</i> the type of person who probes deeply into new situations or things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
When I am actively interested in something, it takes a great deal to interrupt me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
My friends would describe me as someone who is "extremely intense" when in the middle of doing something.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Everywhere I go, I am looking out for new things or experiences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

VALIDATION RULES for SCREEN 7:

- Require 6 items (1/2) to be answered before moving on.
- If less than 6 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."

SCREEN 8

For each of the following statements and/or questions, please select the point on the scale that you feel is most appropriate in describing you.

1. In general, I consider myself:

1	2	3	4	5	6	7
Not a very happy person						A very happy person

2. Compared to most of my peers, I consider myself:

1	2	3	4	5	6	7
Less happy						More happy

3. Some people are generally very happy. They enjoy life regardless of what is going on, getting the most out of everything. To what extent does this describe you?

1	2	3	4	5	6	7
Not at all						A great deal

4. Some people are generally not very happy. Although they are not depressed, they never seem as happy as they might be. To what extent does this describe you?

1	2	3	4	5	6	7
Not at all						A great deal

VALIDATION RULES for SCREEN 8:

- Require 2 items (1/2) to be answered before moving on.
- If less than 2 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."