

## **Environment and Wellbeing Web Questionnaire, Part D**

### **MORE ABOUT YOU**

Text shown in a blue font (screen numbers, validation rules) are for information only: these pieces of text were not shown on screen for twins. The other sections of text, in a black font, are exactly as shown on screen.

#### SCREEN 1

##### INTRODUCTION (text with voice-over)

This activity is a questionnaire about you.

Simply click on the best answer for each question.

There are no “right” or “wrong” answers – just answer according to how you think and feel.

SCREEN 2

To what extent do the following statements describe you?

	<b>Very much</b> ←————→ <b>Not like</b> <b>like me</b>				
I aim to be the best in the world at what I do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
New ideas and projects sometimes distract me from previous ones.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am ambitious.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Setbacks don't discourage me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have been obsessed with a certain idea or project for a short time but later lost interest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am a hard worker.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I often set a goal but later choose to pursue a different one.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have difficulty maintaining my focus on projects that take more than a few months to complete.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I finish whatever I begin.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Achieving something of lasting importance is the highest goal in life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I think achievement is overrated.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am driven to succeed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am diligent.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

VALIDATION RULES for SCREEN 2:

- Require 4 items (1/3) to be answered before moving on.
- If less than 4 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."

SCREEN 3

To what extent do the following statements describe you?

	Very much like me ←————→ Not like me at all				
In uncertain times, I usually expect the best.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If something can go wrong for me, it will.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I'm always optimistic about my future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I hardly ever expect things to go my way.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I rarely count on good things happening to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall, I expect more good things to happen to me than bad.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

VALIDATION RULES for SCREEN 3:

- Require 2 items (1/3) to be answered before moving on.
- If less than 2 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."

SCREEN 4

To what extent do the following statements describe you?

	<b>Very much like me</b> ←————→ <b>Not like me at all</b>				
I'm good at doing tests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I'm given new work to do, I usually feel confident I can do it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I'm good at discussing things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I need lots of help with my work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I like having difficult work to do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I get stuck with my work I can usually work out what to do next.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I'm not very good at solving problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know the meaning of lots of words.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I find a lot of schoolwork difficult.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I'm clever.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have high self-esteem.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

VALIDATION RULES for SCREEN 4:

- Require 3 items (1/3) to be answered before moving on.
- If less than 3 items are answered, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on."

SCREEN 5

Below are words that describe personality traits. Please select where you fall on the scale from high to low.

		High	←————→			Low		
<b>Anxiousness:</b>	(fearful, apprehensive)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(relaxed, unconcerned, cool)	
<b>Angry Hostility:</b>	(angry, bitter)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(even-tempered)	
<b>Depressiveness:</b>	(pessimistic, glum)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(optimistic)	
<b>Self-consciousness:</b>	(timid, embarrassed)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(self-assured, glib, shameless)	
<b>Impulsivity:</b>	(tempted, urgency)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(controlled, restrained)	
<b>Vulnerability:</b>	(helpless, fragile)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(clear-thinking, fearless, unflappable)	
<b>Warmth:</b>	(cordial, affectionate, attached)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(cold, aloof, indifferent)	
<b>Gregariousness:</b>	(sociable, outgoing)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(withdrawn, isolated)	
<b>Assertiveness:</b>	(dominant, forceful)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(unassuming, quiet, resigned)	
<b>Activity:</b>	(vigorous, energetic, active)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(passive, lethargic)	
<b>Excitement-Seeking:</b>	(reckless, daring)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(cautious, monotonous, dull)	
<b>Positive Emotions:</b>	(high-spirited)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(placid, anhedonic)	
<b>Fantasy:</b>	(dreamer, unrealistic, imaginative)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(practical, concrete)	
<b>Aesthetics:</b>	(curious, appreciate art)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(uninvolved, no artistic interests)	
<b>Feelings:</b>	(self-aware)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(constricted, unaware, alexythymic)	
<b>Actions:</b>	(unconventional, eccentric)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(routine, predictable, habitual, stubborn)	
<b>Ideas:</b>	(strange, odd, peculiar, creative)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(pragmatic, rigid)	
<b>Values:</b>	(permissive, broad-minded)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(traditional, inflexible, dogmatic)	
<b>Trust:</b>	(gullible, naïve, trusting)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(skeptical, cynical, suspicious, paranoid)	
<b>Straightforwardness:</b>	(confiding, honest)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(cunning, manipulative, deceptive)	
<b>Altruism:</b>	(sacrificial, giving)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(stingy, selfish, greedy, exploitative)	
<b>Compliance:</b>	(docile, cooperative)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(oppositional, combative, aggressive)	
<b>Modesty:</b>	(meek, self-effacing, humble)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(confident, boastful, arrogant)	
<b>Tender-Mindedness:</b>	(soft, empathetic)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(tough, callous, ruthless)	
<b>Competence:</b>	(perfectionistic, efficient)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(lax, negligent)	
<b>Order:</b>	(ordered, methodical, organized)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(haphazard, disorganized, sloppy)	
<b>Dutifulness:</b>	(rigid, reliable, dependable)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(casual, undependable, unethical)	
<b>Achievement:</b>	(workaholic, ambitious)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(aimless, desultory)	
<b>Self-Discipline:</b>	(dogged, devoted)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(hedonistic, negligent)	
<b>Deliberation:</b>	(cautious, ruminative, reflective)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(hasty, careless, rash)	

This next item is placed right at the bottom of the page away from the other items:

I would prefer not to answer these questions

VALIDATION RULES for SCREEN 5:

- Require 10 items (1/3) to be answered before moving on.
- OR require that the final item (prefer not to answer) is ticked.
- If less than 10 items are answered AND 'prefer not to answer' item is not ticked, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on, or select 'prefer not to answer'."

SCREEN 6

The following questions are about your physical development. We all change and develop physically, mentally and emotionally in the process of growing-up. The physical growth and development of your body is an especially important part of the growing process. Since it is normal for teenagers to go through these physical changes at different times, we are interested in learning whether you are experiencing any of these changes.

How tall are you? EITHER select height in centimetres: [drop down list with integer values ranging from 100 cm to 200 cm]

OR select height in feet and inches: [drop down list with integer values ranging from 3 feet 0 inches up to 6 feet and 11 inches]

[Feet/inch measurements are immediately converted into centimetres, rounding to the nearest integer, and all responses are stored as integer numbers of centimetres. If both metric and imperial responses are given, the metric response is accepted and the imperial response is ignored.]

How much do you weigh? EITHER select weight in kilograms: [drop down list with integer values ranging from 20 kg to 160 kg]

OR select weight in stones and pounds: [drop down list with integer values ranging from 3 stone 0 pounds up to 24 stone 13 pounds]

[Stone/pound measurements are immediately converted into kilograms, rounding to the nearest integer, and all responses are stored as integer numbers of kilograms. If both metric and imperial responses are given, the metric response is accepted and the imperial response is ignored.]

	Not yet begun	Barely begun	Definitely begun	Completed	Not sure
Would you say that your growth spurt (more growth than usual) has	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Would you say that your body hair (underarm & pubic) growth has	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has your skin begun to change	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Male	Female
Please tick the box to show whether you are male or female	<input type="checkbox"/>	<input type="checkbox"/>

This next item is placed right at the bottom of the page away from the other items:

I would prefer not to answer these questions

#### VALIDATION RULES for SCREEN 6:

- Require 3 items (1/2) to be answered before moving on. One of these items MUST be the male/female item.
- OR require that the final item (prefer not to answer) is ticked.
- If less than 3 items are answered AND 'prefer not to answer' item is not ticked, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on, or select 'prefer not to answer'."
- If 'prefer not to answer' is ticked, end this activity without proceeding to screen 7 or 8.

#### BRANCHING FROM THIS PAGE:

- If the answer to the male/female question is 'female', proceed to screen 7.
- If the answer to the male/female question is 'male', proceed to screen 8.

SCREEN 7 - GIRLS

	<b>Not yet begun</b>	<b>Barely begun</b>	<b>Definitely begun</b>	<b>Completed</b>	<b>Not sure</b>
Have your breasts begun to grow?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you begun to menstruate (to have monthly periods)?	<input type="checkbox"/>	<input type="checkbox"/>
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	<b>Tick the year of your first period:</b>	<b>Tick the month of your first period:</b>
If you have begun to menstruate, what was the year and month of your first menstruation (period)?	2002 <input type="checkbox"/>	Jan <input type="checkbox"/> Feb <input type="checkbox"/>
	2003 <input type="checkbox"/>	Mar <input type="checkbox"/> Apr <input type="checkbox"/>
	2004 <input type="checkbox"/>	May <input type="checkbox"/> Jun <input type="checkbox"/>
	2005 <input type="checkbox"/>	Jul <input type="checkbox"/> Aug <input type="checkbox"/>
	2006 <input type="checkbox"/>	Sep <input type="checkbox"/> Oct <input type="checkbox"/>
	2007 <input type="checkbox"/>	Nov <input type="checkbox"/> Dec <input type="checkbox"/>
	2008 <input type="checkbox"/>	
	2009 <input type="checkbox"/>	
	2010 <input type="checkbox"/>	
	2011 <input type="checkbox"/>	

This next item is placed right at the bottom of the page away from the other items:

I would prefer not to answer these questions

VALIDATION RULES for SCREEN 7:

- Require 1 item (1/4) to be answered before moving on.
- OR require that the final item (prefer not to answer) is ticked.
- If less than 1 item is answered AND 'prefer not to answer' item is not ticked, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on, or select 'prefer not to answer'."

END OF ACTIVITY (FOR GIRLS) – DO NOT PROCEED TO PAGE 8.

SCREEN 8 –BOYS

	<b>Not yet begun</b>	<b>Barely begun</b>	<b>Definitely begun</b>	<b>Completed</b>	<b>Not sure</b>
Has your voice begun to change (deepen)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you begun to grow hair on your face?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

This next item is placed right at the bottom of the page away from the other items:

I would prefer not to answer these questions

VALIDATION RULES for SCREEN 8:

- Require 1 item (1/2) to be answered before moving on.
- OR require that the final item (prefer not to answer) is ticked.
- If less than 1 item is answered AND 'prefer not to answer' item is not ticked, present the following pop-up text: "You haven't answered enough of the questions on this page. Please try to complete some more before moving on, or select 'prefer not to answer'."

END OF ACTIVITY (FOR BOYS)