TEDS Covid-19 Phase 4 Questionnaire, with coding

This document displays the questions, response categories, variable names and response value codes.

This questionnaire is very similar to the Covid-19 Phase 3 questionnaire but has a small number of important differences: some items were removed, some were added, and a few were modified in their wording. This document contains notes identifying added items and modified items, and mentioning removed items, relative to phase 3 (however, changes between phases 1, 2 and 3 are documented elsewhere). Unless otherwise noted, questions were the same as in phase 3.

The questionnaire was administered exclusively via the web. The web layout and formatting of the questions and responses cannot be reproduced in this document. In this document, formatting decisions were generally made for the purpose of clear presentation of variable names, response codes and so on.

However, the actual wording of the questions and response options, and the ordering of the questions, is the same in this document as in the web version.

The web version displayed varying numbers of items on each screen, which do not correspond to the number of items per page in this document. Other differences between the web version and this version include introductory instructions (appearing at the start and after each section), the presence of a web progress bar to show the extent of completion, the initial consent form and information sheet, the message shown to participants at the end of the questionnaire, and so on.

In this document, questions are numbered within some sections, mainly for the purpose of improving readability. The same question numbers were generally not displayed on screen in the web version: questions were usually shown without numbering (with some exceptions).

This red font is used to present variable names and value codes as used in the analysis dataset.

This blue font is used to present variable names in the raw data file, and value codes in the raw data where these differ from the coding in the analysis dataset.

Where the same value coding was used both in the raw data file and the analysis dataset, this coding is shown only once, in the red font.

Many measures are tabulated and have consistent responses and response value coding for all items. In these cases the coding is for the entire section is often tabulated rather than repeating the coding for every single item.

By default, yes/no responses are coded 1=yes, 0=no both in the raw data and in the dataset. "Prefer not to answer" responses are coded 9 in the raw data, but are recoded to missing in the dataset. Other response sets are coded 1, 2, 3, etc (in the order shown) in the raw data, and this coding may have been retained in the dataset. If the responses are ordinal starting with "no"/"never"/"not at all", etc, then this response is recoded to 0 in the analysis dataset, following the usual TEDS coding convention.

In the web version, the questionnaire was divided into sections. Data were saved at the end of each section, if completed; if not completed, no data were saved from that section. This was explained to participants in the web instructions, and the end-of-section "save points" were clearly shown. In this document, each section is marked by a heading, and is labelled with the section number in the red font.

The web version included logical branching points, where the response to a question determined whether or not a set of follow-up questions should be answered (enabled). If not, the follow-up question(s) were disabled and did not appear on screen for the participant. At points where these branch points occurred, they are explained in this blue font. Where follow-up questions were skipped because of branching, their values are missing both in the raw data and in the analysis dataset.

BACKGROUND [section 1]

1. Where are you currently located?

	ucv4backuk	background__qslocation
UK [*]	1	1
Outside the UK	0	2

[In the following questions displayed as numbers 2-5, the variable names are numbered 1-4 to match those of equivalent variables in phases 1, 2 and 3]

2. How many people currently live in your home (excluding yourself)?
This should be the home that you are living in right now.

	ucv4back1	background__qspeople
0	0	1
1	1	2
2	2	3
3	3	4
4	4	5
5	5	6
More than 5	6	7

3. Please specify your relationship to the people in your home.
Check all that apply.
All coded 1=yes (ticked/selected), 0=no (not ticked/selected)

Partner/spouse [*]	ucv4back2a	background__qsrelationships1
Parent(s)	ucv4back2b	background__qsrelationships2
Grandparent(s)	ucv4back2c	background__qsrelationships3
Co-twin	ucv4back2d	background__qsrelationships4
Siblings (other than your co-twin)	ucv4back2e	background__qsrelationships5
Children	ucv4back2f	background__qsrelationships6
Other relatives	ucv4back2g	background__qsrelationships7
Unrelated person [**]	ucv4back2h	background__qsrelationships8

[*] Branch point: if "Partner/spouse" selected, enable the six parts of question 2 in the Relationships section, otherwise disable.

[**] Branch point: if "Unrelated person" selected, enable the next question (3b), otherwise disable it.

3b. Please specify your relationship to the unrelated person(s) in your home.
Check all that apply.
[see branch point above]
All coded 1=yes (ticked/selected), 0=no (not ticked/selected)

Fellow students	ucv4back2h1	background__qsrelOther1
Colleagues	ucv4back2h2	background__qsrelOther2
Friends	ucv4back2h3	background__qsrelOther3
Other tenants	ucv4back2h4	background__qsrelOther4
Other, not listed above	ucv4back2h5	background__qsrelOther5

4. How many rooms (total) are in your home?

	ucv4back3	background__qsrooms
1	1	
2	2	
3	3	
4-5	4	
6-9	5	
10 or more	6	

5. Do you have access to a private or communal garden?

	ucv4back4	background__qsgarden
Yes	1	
No	0	

COVID-19 HEALTH/EXPOSURE STATUS [section 2]

During the <u>PAST MONTH</u>…

1. **… have you been exposed to someone likely to have Coronavirus/COVID-19?**
    Check all that apply.
    All coded 1=yes (ticked/selected), 0=no (not ticked/selected)

Yes, someone with positive test	ucv4health1a	health__pg1q11
Yes, someone with medical diagnosis, but no test	ucv4health1b	health__pg1q12
Yes, someone with possible symptoms, but no diagnosis by doctor	ucv4health1c	health__pg1q13
No, not to my knowledge		health__pg1q14

2. **… have you been suspected of having Coronavirus/COVID-19 infection?**

	ucv4health2	health__pg1q2
Yes, have positive test **[*]**	1	
Yes, medical diagnosis, but no test	2	
Yes, have had some possible symptoms, but no diagnosis by doctor	3	
No symptoms or signs	4	

[*] Branch point: if "Yes, have positive test" selected, enable the next question (2b), otherwise disable.

> **2b. Please specify the type of test(s) used to determine your positive COVID-19 status.**
> **[see branch point above]**
> Recoded into two binary dataset variables (virus and antibody)

	ucv4health2bv	ucv4health2ba	health__pg1q2b
Virus test (swab)	1	0	1
Antibody test (blood)	0	1	2
Both virus (swab) and antibody (blood) tests	1	1	3

[In Question 3 below, eleven new symptoms were added for phase 4, from "Problems with sleeping" (part h) to "Unusual sweating" (part r). The first seven symptoms (a to g) are unchanged from phase 3, as are the response options for all symptoms.]

3   **… have you had any of the following symptoms, and if so please indicate their severity:**

Fever	ucv4health3a	health__pg1q3a
Cough	ucv4health3b	health__pg1q3b
Shortness of breath	ucv4health3c	health__pg1q3c
Sore throat	ucv4health3d	health__pg1q3d
Fatigue	ucv4health3e	health__pg1q3e
Loss of taste or smell	ucv4health3f	health__pg1q3f
Eye infection	ucv4health3g	health__pg1q3g
Problems with sleeping	ucv4health3h	health__pg1q3h
Memory problems	ucv4health3i	health__pg1q3i
Difficulty concentrating	ucv4health3j	health__pg1q3j
Pains in muscles or joints	ucv4health3k	health__pg1q3k
Diarrhoea	ucv4health3l	health__pg1q3l
Stomach (abdominal) pains	ucv4health3m	health__pg1q3m
Changes to your voice	ucv4health3n	health__pg1q3n
Hair loss	ucv4health3o	health__pg1q3o
Unusual racing of the heart	ucv4health3p	health__pg1q3p
Lightheadedness or dizziness	ucv4health3q	health__pg1q3q
Unusual sweating	ucv4health3r	health__pg1q3r

	No	Yes, slightly	Yes, moderately	Yes, very	Yes, extremely
	1	2	3	4	5
	0	1	2	3	4

4. … has anyone in your family been diagnosed with (or tested positive for) Coronavirus/COVID-19?
Check all that apply.
All coded 1=yes (ticked/selected), 0=no (not ticked/selected)

Yes, member of household	**ucv4health4a**	**health__pg1q41**
Yes, non-household member	**ucv4health4b**	**health__pg1q42**
No		**health__pg1q43**

5. … have any of the following happened to your family members because of Coronavirus/COVID-19?
Check all that apply.
All coded 1=yes (ticked/selected), 0=no (not ticked/selected)

[Note that "Furloughed from job" was not included in phase 1, but was an addition in phase 2, hence its variable is numbered 5h before the following two items numbered 5f and 5g.]

Fallen ill physically	**ucv4health5a**	**health__pg1q51**
Hospitalised	**ucv4health5b**	**health__pg1q52**
Put into self-isolation with symptoms	**ucv4health5c**	**health__pg1q53**
Put into self-isolation without symptoms	**ucv4health5d**	**health__pg1q54**
(e.g., due to possible exposure)		
Lost job	**ucv4health5e**	**health__pg1q55**
Furloughed from job	**ucv4health5h**	**health__pg1q56**
Reduced ability to earn money	**ucv4health5f**	**health__pg1q57**
Passed away	**ucv4health5g**	**health__pg1q58**
None of the above		**health__pg1q59**

Note that 'no' or 'none of the above' parts in questions 1, 4 and 5 above are redundant and have been dropped from the dataset.

During the <u>PAST MONTH,</u> how worried have you been about...

…. being infected?

	ucv4worr1	health__pg2q6
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

…. friends or family being infected?

	ucv4worr2	health__pg2q7
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

…. your *physical health* being influenced by Coronavirus/COVID-19?

	ucv4worr3	health__pg2q8
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

…. your *mental/emotional health* being influenced by Coronavirus/COVID-19?

	ucv4worr4	health__pg2q9
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

How much are you reading, or talking about Coronavirus/COVID-19?

	ucv4worr5	health__pg3q10
Never	0	1
Rarely	1	2
Occasionally	2	3
Often	3	4
Most of the time	4	5

Has the Coronavirus/COVID-19 crisis in your area led to any positive changes in your life?

	ucv4worr6	health__pg3q11
None	0	1
Only a few	1	2
Some	2	3

[The "Please specify" text question that appeared here, after branching, in phase 3 was removed for phase 4]

12. This question is about COVID-19 vaccination. Please select the response that best describes your current position.

	ucv4health12	health__pg3q12
I have now had a vaccination **[*]**	1	
I have been offered a vaccination and expect to be vaccinated soon **[*]**	2	
I was offered a vaccination but do not expect to take up the offer **[*]**	3	
I have not yet been offered a vaccination but I would take it if offered	4	
I have not yet been offered a vaccination but I would probably not take up the offer	5	

[*] Branch point: if offered a vaccination (response 1, 2 or 3), enable the next question (13), otherwise disable question 13 and skip to question 14.

13. Most young adults have not yet been offered the COVID-19 vaccination. Why do you think you were invited to have the vaccination?

	ucv4health13	health__pg3q13
I am an eligible frontline health or social care worker	1	
I was offered vaccination for other work-related reasons	2	
I am at high risk from coronavirus (clinically extremely vulnerable)	3	
I am not sure	4	

14. If you have had Coronavirus/COVID-19 symptoms at any time, not just in the past month, how long did the symptoms last?

	ucv4health14	health__pg3q14
I have not experienced covid-19 symptoms at any time	1	
I still have covid-19 symptoms and have not yet recovered	2	
My symptoms lasted less than 1 week	3	
My symptoms lasted 1 to 2 weeks	4	
My symptoms lasted 2 to 4 weeks	5	
My symptoms lasted 1 to 3 months	6	
My symptoms lasted more than 3 months	7	

15. We would like to know more about any problems you have had with feeling tired, weak or lacking in energy in the last month.
Please select the answer which applies to you most closely. If you have been feeling tired for a long while, then compare yourself to how you felt when you were last well.

In the **past month**, have you:

… had problems with tiredness?	ucv4health15a	health__pg4q15a
… needed to rest more?	ucv4health15b	health__pg4q15b
… felt sleepy or drowsy?	ucv4health15c	health__pg4q15c
… had problems starting things?	ucv4health15d	health__pg4q15d
… lacked energy?	ucv4health15e	health__pg4q15e
… had less strength in your muscles?	ucv4health15f	health__pg4q15f
… felt weak?	ucv4health15g	health__pg4q15g
… had difficulty concentrating?	ucv4health15h	health__pg4q15h
… made slips of the tongue when speaking?	ucv4health15i	health__pg4q15i
… found it more difficult to find the correct word?	ucv4health15j	health__pg4q15j

Responses and coding in all 10 parts above, 15a to 15j, are as follows (same coding in dataset as in raw data):

Less than usual	No more than usual	More than usual	Much more than usual
1	2	3	4

16. During the past month, how has your memory been?

	ucv4health16	health__pg4q16
Better than usual	1	
No worse than usual	2	
Worse than usual	3	
Much worse than usual	4	

LIFE CHANGES DUE TO CORONAVIRUS/COVID-19 CRISIS IN THE LAST MONTH
[section 3]

1. Are you in full-time or part-time education?

	ucv4edu1	changes__pg1q1
Yes [*]	1	
No	0	

[*] Branch point: if "yes", enable the next question (2),
otherwise disable questions 2 and 3 and skip to employment questions.

[see branch point in question 1]
[Variable is numbered 3 to match similar variables in phases 1 to 3]

2. How are you now attending classes?

	ucv4edu3	changes__pg1q2
I am attending all my classes in person	1	
I am attending some classes in person and some online	2	
I am attending all my classes online	3	

[see branch point in question 1]
[Variable is numbered 6 to match the equivalent variable in phases 2/3]

3. Since the start of this term, how stressful have changes in college/university been?

	ucv4edu6	changes__pg1q3
Not applicable: my situation has not changed	[missing]	1
Not at all	0	2
Slightly	1	3
Moderately	2	4
Very	3	5
Extremely	4	6

4. **Which statement best describes your job situation now, in comparison with your job situation before the current lockdown?**

		ucv4emp1a	changes__pg2q4
[*]	I have continued working at the same job	1	
[*]	I was furloughed but have now resumed work	2	
[*]	I have a new job	3	
	I am still on furlough	4	
	I have lost my job and am unemployed	5	
	I was and remain unemployed	6	

[*] Branch point: if employed (response number 1, 2 or 3), enable questions 6 and 7 below; otherwise disable questions 6-10 and skip to the next set of questions after answering question 5.

5. **How stressful have you found changes in your job situation since the start of the current lockdown?**

	ucv4emp1b	changes__pg2q5
Not applicable: my situation has not changed	[missing]	1
Not at all stressful	0	2
Slightly stressful	1	3
Moderately stressful	2	4
Very stressful	3	5
Extremely stressful	4	6

[see branch point in question 4]

6. **In your current work, are you considered a key (critical) worker*?**

	ucv4emp1c	changes__pg2q6
Yes	1	
No	0	

A key worker is someone whose work is critical to the COVID-19 response and includes those who work in key sectors, such as:
o   *Health and social care*
o   *Education and childcare*
o   *Key public services*
o   *Local and national government*
o   *Food and other necessary goods*
o   *Public safety and national security*
o   *Transport*
o   *Utilities, communication and financial services*
o   *Other work that is critical to the COVID-19 response*

[see branch point in question 4 above]

7. **Have you been going to your workplace since the current lockdown started?**

	ucv4emp2	changes__pg2q7
Yes [**]	1	
No [**]	0	

[**] Branch point: if "yes", enable question 8 but disable questions 9 and 10; if "no", disable question 8 but enable question 9.

[see branch point in question 7]

8. **How stressful has it been for you to commute during the current lockdown?**

	ucv4emp3	changes__pg2q8
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4

Extremely	4	5
Not applicable (I am not commuting)	[missing]	6

9. Have you been able to work from home during the current lockdown?

	ucv4emp4	changes__pg2q9
Yes [***]	1	
No	0	

[***] Branch point: if "yes", enable question 10;
If "no", disable question 10 and skip to the next section.

10. How stressful has it been for you to work from home during the current lockdown?

	ucv4emp5	changes__pg2q10
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

During the PAST MONTH...

11. … how many people, from outside of your household, have you had an in-person conversation with?

	ucv4lfst01	changes__pg3q11
0	0	1
1	1	2
2	2	3
3-4	3	4
5-6	4	5
7-10	5	6
More than 10	6	7

12. … how much time have you spent going outside of the home (e.g., going to shops, parks, etc.)?

	ucv4lfst02	changes__pg3q12
Not at all	0	1
1-2 days per week	1	2
A few days per week	2	3
Several days per week	3	4
Every day	4	5
Several times per day	5	6

13. … how stressful have the restrictions on leaving home been for you?

	ucv4lfst03	changes__pg3q13
Not applicable: I have not been restricted from leaving the home	[missing]	1
Not at all	0	2
Slightly	1	3
Moderately	2	4
Very	3	5
Extremely	4	6

14. …how many times have you NOT followed the government lockdown recommendations?

	ucv4lfst03a	changes__pg3q14
Daily	5	1
Several times per week	4	2
Once a week	3	3
Once a fortnight	2	4
Once a month	1	5
Never	0	6

15. … have your in-person contacts with people outside of your home changed relative to *before* the Coronavirus/COVID-19 crisis in your area?

	ucv4lfst04	changes__pg3q15
A lot less	1	
A little less	2	
About the same	3	
A little more	4	
A lot more	5	

16. … have your online contacts with people outside of your home changed relative to before the Coronavirus/COVID-19 crisis in your area?

	ucv4lfst05	changes__pg3q16
A lot less	1	
A little less	2	
About the same	3	
A little more	4	
A lot more	5	

17. … how much difficulty have you had following the recommendations for keeping away from close contact with people?

	ucv4lfst06	changes__pg4q17
None	0	1
A little	1	2
Moderate	2	3
A lot	3	4
A great amount	4	5

18. … has the quality of the relationships between you and members of your family changed?

	ucv4lfst07	changes__pg4q18
A lot worse	1	
A little worse	2	
About the same	3	
A little better	4	
A lot better	5	

19. … how stressful have these changes in family contacts been for you?

	ucv4lfst08	changes__pg4q19
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

20. … has the quality of your relationships with your friends changed?

	ucv4lfst09	changes__pg4q20
A lot worse	1	
A little worse	2	
About the same	3	
A little better	4	
A lot better	5	

21. … how stressful have these changes in social contacts been for you?

	ucv4lfst10	changes__pg4q21
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

22. … how much has cancellation of important events (such as graduation, birthday celebrations, holiday, etc.) in your life been difficult for you?

	ucv4lfst11	changes__pg5q22
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

23. … to what degree have changes related to the Coronavirus/COVID-19 crisis in your area created financial problems for you or your family?

	ucv4lfst12	changes__pg5q23
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

24. … to what degree have you been concerned about the stability of your living situation?

	ucv4lfst13	changes__pg5q24
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

25. … did you worry whether your food would run out because of a lack of money?

	ucv4lfst14	changes__pg5q25
Yes	1	
No	0	

26. …how hopeful are you that the Coronavirus/COVID-19 crisis in your area will end soon?

	ucv4lfst15	changes__pg5q26
Not at all	0	1
Slightly	1	2
Moderately	2	3
Very	3	4
Extremely	4	5

[Note: a question from phase 1 was dropped here, but the following item 27 was retained in phases 2 to 4. The variable item numbering (17) has therefore been retained so it has the same numbering as the same question in phase 1.]

27. During the last month, how many hours per night have you been sleeping on average?

	ucv4lfst17	changes__pg6q27
<6 hours	1	
6-8 hours	2	
8-10 hours	3	
>10 hours	4	

[The text question that appeared here in earlier phases, numbered 28, was removed for phase 4]

Some of the questions included in the following sections are of a sensitive nature which may cause distress. For sensitive questions, we have included a 'prefer not to answer' option, and links to relevant sources of help are included.

RELATIONSHIPS [section 4]

1. How much do you agree with the following statements?

a. I am happy with my love life   ucv4rela1 relationships__pg1q1a
b. I have the level of intimacy in my life that I want   ucv4rela2 relationships__pg1q1b
c. I feel loved   ucv4rela3 relationships__pg1q1c

Responses and coding in all three items above:

Prefer not to say	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
9	1	2	3	4	5
[missing]	1	2	3	4	5

[See branch point in Background question 2 above: the six parts of question 2 are only enabled if the respondent stated they were living with a partner/spouse]

2. **During the last month, to what extent do you agree that the following statements describe your experiences with your current partner/spouse?**

a. Your partner got very jealous or tried to control your life   ucv4parv1 relationships__pg2q2a
b. Your partner tried to keep you away from your family or friends   ucv4parv2 relationships__pg2q2b
c. Your partner sometimes said insulting things or threatened you   ucv4parv3 relationships__pg2q2c
d. You were afraid to disagree with your partner because you thought they might hurt you or other family members   ucv4parv4 relationships__pg2q2d
e. Your partner pushed, hit, kicked, or otherwise physically hurt you   ucv4parv5 relationships__pg2q2e
f. Your partner made you feel scared or frightened   ucv4parv6 relationships__pg2q2f

Responses and coding in all six items above:

Prefer not to say	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
9	1	2	3	4	5
[missing]	1	2	3	4	5

If you are affected by any of the issues raised in this section you may wish to contact the Women's Aid 24hr national helpline on 0808 2000 247 or visit their website: www.womensaid.org.uk; or alternatively the Men's Advice Line on 0808 801 0327 or visit their website: www.mensadviceline.org.uk

3. How often during the **last month** has someone (**excluding family and partner**) done these things to you?

Item	Code	Variable
a. Punched me	ucv4vict01	relationships__pg3q3a
b. Called me names	ucv4vict02	relationships__pg3q3b
c. Sent me nasty texts	ucv4vict03	relationships__pg3q3c
d. Kicked me	ucv4vict04	relationships__pg3q3d
e. Made fun of me because of my appearance	ucv4vict05	relationships__pg3q3e
f. Said something mean about me on social media (e.g., Facebook, Instagram)	ucv4vict06	relationships__pg3q3f
g. Hurt me physically in some way	ucv4vict07	relationships__pg3q3g
h. Made fun of me for some reason	ucv4vict08	relationships__pg3q3h
i. Written spiteful things about me in a chat room	ucv4vict09	relationships__pg3q3i
j. Beaten me up	ucv4vict10	relationships__pg3q3j
k. Sworn at me	ucv4vict11	relationships__pg3q3k
l. Written nasty things to me using instant messenger (e.g., Facebook Messenger, Whatsapp, Snapchat)	ucv4vict12	relationships__pg3q3l

Responses and coding in all twelve items above:

Prefer not to say	Not at all	Once	More than once
9	1	2	3
[missing]	0	1	2

For information on bullying, the National Bullying Helpline can be reached on 0845 22 55 787 or 07734 701221.

THOUGHTS AND ATTITUDES [section 5]

How important are the following for you?

Item	Code	Variable
1. How important is it for you to have a close relationship?	ucv4goal1	thoughts__pg1goals1
2. How important is it for you to exert influence?	ucv4goal2	thoughts__pg1goals2
3. How important is it for you to have an active social life?	ucv4goal3	thoughts__pg1goals3
4. How important is it for you to give love and affection?	ucv4goal4	thoughts__pg1goals4
5. How important is it for you to have trusting relationships with others?	ucv4goal5	thoughts__pg1goals5
6. How important is it for you to continuously improve yourself?	ucv4goal6	thoughts__pg1goals6
7. How important is it for you to receive recognition?	ucv4goal7	thoughts__pg1goals7
8. How important is it for you to receive love and affection?	ucv4goal8	thoughts__pg1goals8
9. How important is it for you to reach a prestigious position?	ucv4goal9	thoughts__pg1goals9

Responses and coding in all nine items above:

Prefer not to say	Not important	Slightly important	Somewhat important	Important	Very important
9	1	2	3	4	5
[missing]	0	1	2	3	4

Please rate where you fall on a scale of 1 to 5 on the following descriptions of your thoughts and attitudes.
[presented in web version using a horizontal 5-point slider rather than using numbers]

1. I feel my personal existence is... thoughts__pg2pil1 ucv4pil1	Utterly meaningless, without purpose	1 2 3 4 5	Purposeful and meaningful
2. In achieving life goals I've... thoughts__pg2pil2 ucv4pil2	Made no progress whatsoever	1 2 3 4 5	Progressed to complete fulfilment
3. As I view the world in relation to my life, the world... thoughts__pg2pil3 ucv4pil3	Completely confuses me	1 2 3 4 5	Fits meaningfully with my life
4. If I should die today, I'd feel that my life has been... thoughts__pg2pil4 ucv4pil4	Completely worthless	1 2 3 4 5	Very worthwhile
5. I have discovered... thoughts__pg2pil5 ucv4pil5	No mission or purpose in life	1 2 3 4 5	A satisfying life purpose

Please rate how strongly you agree or disagree with the following statement about health care.
It is important that health care be provided for everyone...

	ucv4bsag	thoughts__pg3healthcare
Strongly disagree	1	
Disagree	2	
Neither disagree nor agree	3	
Agree	4	
Strongly agree	5	

[The 5 questions that appeared here in earlier phases, about the neighbourhood/community, were removed for phase 4]

Please state how strongly you agree or disagree with the following statement about your finances.

Money is there to be spent

	ucv4mona	thoughts__pg5moneyAttitude
Strongly disagree	1	
Disagree	2	
Neither disagree nor agree	3	
Agree	4	
Strongly agree	5	

How much do you agree with the following statement about your fun and recreation?

Leisure time is important to my quality of life

	ucv4leis	thoughts__pg6leisure
Strongly disagree	1	
Disagree	2	
Neither disagree nor agree	3	
Agree	4	
Strongly agree	5	

<u>**SUBSTANCE USE**</u> **[section 6]**

These questions are about drinking **alcohol** in the **last month**.

1. In the last month, how often have you had a drink containing alcohol (this includes beer, wine, alcopops, cider, and spirit drinks like vodka)?

	ucv4alco1	**substanceuse__pg1q1**
Prefer not to say **[*]**	**[missing]**	**9**
Never **[*]**	**0**	**1**
Once	**1**	**2**
2-4 times	**2**	**3**
2-3 times per week	**3**	**4**
4 or more times per week	**4**	**5**

[*] Branch point: if "prefer not to say", disable questions 2 and 3;
If "never", disable question 2 but enable question 3;
Otherwise enable questions 2 and 3.

    [see branch point above in question 1]

  2. **In the last month**, on a typical day when you were drinking how many of the following did you drink?

Standard glass of wine	**substanceuse__pg1q2a**
Pint of lager/beer/cider	**substanceuse__pg1q2b**
Alcopop	**substanceuse__pg1q2c**
Single shot of spirit	**substanceuse__pg1q2d**

ucv4alco2: total number of alcohol units consumed.

When summing the four raw responses to calculate the total units, it has been assumed that a standard measure of wine of beer is 2 units, while a standard measure of alcopop or spirit is 1 unit.

Response categories	**Assumed no. units for wine and beer**	**Assumed no. units for alcopop and spirit**	**Raw response codes**
Prefer not to say			**9**
0	**0**	**0**	**1**
1-2	**3**	**1.5**	**2**
3-5	**8**	**4**	**3**
6-10	**16**	**8**	**4**
11-15	**26**	**13**	**5**
16-20	**36**	**18**	**6**
21-25	**46**	**23**	**7**
26 or more	**60**	**30**	**8**

    [see branch point above in question 1]

  3. In the last month, how much alcohol have you been drinking compared to a typical month?

	ucv4alco3	**substanceuse__pg1q3**
Prefer not to say	**[missing]**	**9**
A lot less	**1**	**1**
A little less	**2**	**2**
About the same	**3**	**3**
A little more	**4**	**4**
A lot more	**5**	**5**

For confidential advice and information about drinking, **Drinkline** runs a free helpline. Their number is: 0300 123 1110 (weekdays 9am-8pm, weekends 11am-4pm).

These questions are about **smoking**.

4. Have you ever smoked a cigarette (including roll-ups)?

	ucv4smok1	substanceuse__pg2q4
Prefer not to say	[missing]	9
Yes [*]	1	1
No	0	0

[*] Branch point: if "yes", enable question 5,
Otherwise disable questions 5 and 6 and skip to question 7.

[see branch point above in question 4]

5. During the past month, have you smoked?

	ucv4smok2	substanceuse__pg2q5
Prefer not to say	[missing]	9
Yes [**]	1	1
No	0	0

[**] Branch point: if "yes", enable question 6;
Otherwise disable question 6 and skip to question 7.

[see branch point above in question 5]

6. In the last month, on a typical day how many cigarettes a day did you smoke?

	ucv4smok3	substanceuse__pg2q6
Prefer not to say	[missing]	9
10 or less	1	1
11-20	2	2
21-30	3	3
31 or more	3	4

[responses are very rare in the last category,
so recoded to 3="21 or more"]

7. Have you ever vaped/used an electronic cigarette (also known as e-cigarettes or e-cigs)?

	ucv4smok4	substanceuse__pg2q7
Prefer not to say	[missing]	9
Yes [*]	1	1
No	0	0

[*] Branch point: if "yes", enable question 8,
Otherwise disable questions 8 and 9 and skip to question 10.

[see branch point above in question 7]

8. During the past month, have you vaped/used an electronic cigarette?

	ucv4smok5	substanceuse__pg2q8
Prefer not to say	[missing]	9
Yes [**]	1	1
No	0	0

[**] Branch point: if "yes", enable question 9;
Otherwise disable question 9 and skip to question 10.

[see branch point above in question 8]

9. In the last month, how often have you used electronic cigarettes?

	ucv4smok6	substanceuse__pg2q9
Prefer not to say	[missing]	9
Less than once a week	1	1
At least once a week	2	2
At least once a day	3	3
Every few hours	4	4

For confidential advice and information on smoking, including giving up smoking, **Smokefree National Helpline** can be reached on 0300 123 1044 (weekdays 9am-8pm, weekends 11am-4pm).

These questions are about **cannabis**. Please remember that your answers to all these questions are confidential.

10. Have you ever tried cannabis (also called marijuana, hash, dope, pot, blow, skunk, puff, grass, draw, marijuana, spliff, joint, smoke, weed)?

	ucv4cann1	substanceuse__pg3q10
Prefer not to say	[missing]	9
Yes [*]	1	1
No	0	0

[*] Branch point: if "yes", enable question 11,
Otherwise disable questions 11 and 12 and skip to the next section.

[see branch point above in question 10]
11. **During the past month**, have you smoked cannabis?

	ucv4cann2	substanceuse__pg3q11
Prefer not to say	[missing]	9
Yes [**]	1	1
No	0	0

[**] Branch point: if "yes", enable question 12;
Otherwise disable question 12 and skip to the next question.

[see branch point above in question 11]
12. When you have smoked cannabis, **on a typical day during the last month**, how many joints/spliffs/pipes or bongs did you have?

	ucv4cann3	substanceuse__pg3q12
Prefer not to say	[missing]	9
1	1	1
2-3	2	2
4-5	3	3
6-10	4	4
More than 10	4	5

[responses are very rare in the last two categories,
So both recoded to 4="6 or more"]

WELLBEING [section 7]

These questions are about the **last month**.

In the **last month**...

I've tried to be nice to other people. I've cared about their feelings	ucv4sdqpro1	wellbeing__pg1sdq1
I've been restless, I've not been able to stay still for long	ucv4sdqhyp1	wellbeing__pg1sdq2
I've had a lot of headaches, stomach-aches or sickness	ucv4sdqemo1	wellbeing__pg1sdq3
I have usually shared with others	ucv4sdqpro2	wellbeing__pg1sdq4
I've been very angry and often lost my temper	ucv4sdqcon1	wellbeing__pg1sdq5
I have usually been on my own. I have generally kept to myself	ucv4sdqper1	wellbeing__pg1sdq6
I've usually done as I am told	ucv4sdqcon2	wellbeing__pg1sdq7
I've worried a lot	ucv4sdqemo2	wellbeing__pg1sdq8
I've been helpful if someone was hurt, upset or feeling ill	ucv4sdqpro3	wellbeing__pg1sdq9
I have constantly been fidgeting or squirming	ucv4sdqhyp2	wellbeing__pg2sdq10
I've had one good friend or more	ucv4sdqper2	wellbeing__pg2sdq11
I've fought a lot	ucv4sdqcon3	wellbeing__pg2sdq12
I have often been unhappy, down-hearted or tearful	ucv4sdqemo3	wellbeing__pg2sdq13
Other people my age have generally liked me	ucv4sdqper3	wellbeing__pg2sdq14
I've been easily distracted, I've found it difficult to concentrate	ucv4sdqhyp3	wellbeing__pg2sdq15
I've been nervous in new situations. I've easily lost confidence	ucv4sdqemo4	wellbeing__pg2sdq16
I've been kind to others	ucv4sdqpro4	wellbeing__pg2sdq17
I've often been accused of lying or cheating	ucv4sdqcon4	wellbeing__pg3sdq18
Other people have picked on me or bullied me	ucv4sdqper4	wellbeing__pg3sdq19
I've often volunteered to help others	ucv4sdqpro5	wellbeing__pg3sdq20
I've thought before I've done things	ucv4sdqhyp4	wellbeing__pg3sdq21
I've taken things that are not mine	ucv4sdqcon5	wellbeing__pg3sdq22
I have got on better with older adults than with people my own age	ucv4sdqper5	wellbeing__pg3sdq23
I've had many fears, I've been easily scared	ucv4sdqemo5	wellbeing__pg3sdq24
I've finished the work I have been doing. My attention has been good	ucv4sdqhyp5	wellbeing__pg3sdq25

Responses and coding in all twenty-five items above:

Not true	Quite true	Very true
0	1	2
1	2	3

These questions are about the **past 7 days**.

In the **past 7 days**...

I have felt moments of sudden terror, fear, or fright	ucv4ganx01	wellbeing__pg4anx1
I have felt anxious, worried, or nervous	ucv4ganx02	wellbeing__pg4anx2
I have had thoughts of bad things happening, such as family tragedy, ill health, loss of a job, or accidents	ucv4ganx03	wellbeing__pg4anx3
I have felt a racing heart, sweaty, trouble breathing, faint, or shaky	ucv4ganx04	wellbeing__pg4anx4
I have felt tense muscles, felt on edge or restless, or had trouble relaxing or trouble sleeping	ucv4ganx05	wellbeing__pg4anx5
I have avoided, or did not approach or enter situations about which I worry	ucv4ganx06	wellbeing__pg4anx6
I have left situations early or participated only minimally due to worries	ucv4ganx07	wellbeing__pg4anx7
I have spent a lot of time making decisions, putting off making decisions, or preparing for situations, due to worries	ucv4ganx08	wellbeing__pg4anx8
I have sought reassurance from others due to worries	ucv4ganx09	wellbeing__pg4anx9
I have needed help to cope with anxiety (e.g., alcohol or medications, superstitious objects)	ucv4ganx10	wellbeing__pg4anx10

Responses and coding in all ten items above:

Never	Occasionally	Half of the time	Most of the time	All of the time
0	1	2	3	4
1	2	3	4	5

Please rate how true the following statements have been about you **in the past two weeks**.

In the **past two weeks**...

I felt miserable or unhappy	ucv4mfq1	wellbeing__pg5mfq1
I felt so tired I just sat around and did nothing	ucv4mfq2	wellbeing__pg5mfq2
I was very restless	ucv4mfq3	wellbeing__pg5mfq3
I cried a lot	ucv4mfq4	wellbeing__pg5mfq4
I found it hard to think properly or concentrate	ucv4mfq5	wellbeing__pg5mfq5
I hated myself	ucv4mfq6	wellbeing__pg5mfq6
I felt lonely	ucv4mfq7	wellbeing__pg5mfq7
I thought I could never be as good as other people	ucv4mfq8	wellbeing__pg5mfq8

Responses and coding in all eight items above:

Not true	Quite true	Very true
0	1	2
1	2	3

If you are affected by any of the issues raised in the questions above, you may wish to contact the mental health charity **Mind** on 0300 123 3393 or visit their website: www.mind.org.uk.

The following question is about hurting yourself on purpose, also sometimes referred to as deliberate self-harm. We know this is a sensitive subject, but it is important to ask about it now, as it is not uncommon. By finding out about self-harm we can try to find ways of helping people.

In the past month, have you hurt yourself on purpose in any way (e.g. by taking an overdose of pills, or by cutting yourself)?

	ucv4slfh	wellbeing__pg6selfharm
Prefer not to say	[missing]	9
No	0	1
Yes, once or twice	1	2
Yes, 3-5 times	2	3
Yes, 6-10 times	3	4
Yes, more than 10 times	3	5

[responses are very rare in the last two categories,
So both recoded to 3="6 or more times"]

If you would like to talk to a trained professional about any of the issues raised with this question, you can call the **Samaritans** for free on 116 123 (24 hours a day, 365 days a year) from any phone.

PHYSICAL ACTIVITY [section 8]

During the last month, how many minutes on **average per week** have you done the following:

Strenuous exercise (heart beats rapidly – including running/jogging)	ucv4actv1	activity__pg1phy1
Moderate exercise (including walking fast, dancing, vigorous yoga)	ucv4actv2	activity__pg1phy2
Mild exercise (minimal effort - light yoga, stretches)	ucv4actv3	activity__pg1phy3

Responses and coding in all three items above (same coding in raw data):

0-15 mins	16-60 mins	61-120 mins (1-2 hours)	121-180 mins (2-3 hours)	181+ mins (3+ hours)
1	2	3	4	5

ONLINE BEHAVIOUR

During the **last month,** how often have you...

Played online games by yourself, with other people in the same room, or with other people online?	ucv4medu1	activity__pg2onl1
Checked your social media account (such as Facebook, Instagram, Twitter, etc)?	ucv4medu2	activity__pg2onl2
Posted status updates or photos?	ucv4medu3	activity__pg2onl3
Attended online social gatherings or meetings?	ucv4medu4	activity__pg2onl4

Responses and coding in all four items above:

Never	Once this month	Several times this month	Several times a week	Several times a day	Several times an hour
0	1	2	3	4	5
1	2	3	4	5	6

[The 3 questions that appeared here in earlier phases, about volunteering, were removed for phase 4]