

Text of the TEDS26 study email invitation, sent in 2021:

Dear <twin forename>

You are invited to take part in our new study which focuses on mental health and wellbeing. As the number of people suffering from mental health issues continues to rise, we hope that your data will contribute to a better understanding of the causes of these complex issues.

The questionnaire takes about 35 – 45 minutes to complete on average but may take longer for people who have experience of multiple conditions. It does not have to be completed in one sitting. As some of the questions are of a personal and sensitive nature you may prefer to complete the questionnaire in a private setting. The more sensitive questions include a 'Prefer not to answer' option. You will find more detailed information about the study in the information sheet when you log in.

On completion, we will send you a **£10 Love2Shop** reward code to thank you for taking the time to help us with our research. We will also be holding **4 prize draws** over the next few months. You will be entered into all the draws after you have completed the study so the sooner you complete the questionnaire the more prize draw entries you will have. Prizes include **Airpods, Fitbits and £50 Amazon vouchers**. The first prize draw will take place on the **21st October**.

We don't have email addresses for all our participants. If your twin has not received this invitation, please ask them to drop us an email.

You will find the questionnaire here: https://qualtrics.kcl.ac.uk/jfe/form/SV_etwEU82eo278LhY
Login code: <login code>

Your contribution to our research is very much appreciated – thank you!

Best wishes from the TEDS Team

<twin ID>