



Twin ID: <twinid>
Twin name: <twin name>

Understanding and influencing pupils' choices as they prepare to leave school

CONSENT: I have read the information provided and understand that my responses are confidential and will only be used for research purposes.

Signed: _____

Date: _____

There are no right or wrong answers. Please answer the questions according to how you think and feel. For items that use rating scales (e.g. 1 to 5), please circle the number that best matches your response.

A. About Me

1. At the moment I am... (please tick **ANY** that apply)

- a. studying for A Levels: full-time part-time
- b. studying for a qualification other than A Levels (e.g. BTEC): full-time part-time
- c. undertaking work-based training (e.g. apprenticeship): full-time part-time
- d. employed: full-time part-time casual
- e. volunteering (per week): 3 + days 1 or 2 days few hours casual

2. What I am **currently doing**...

- a. will help me to achieve my goals not at all possibly not somewhat probably definitely
- b. makes good use of my talents not at all possibly not somewhat probably definitely

3. Please circle the number that shows **how satisfied you are** with your current education/employment

Extremely dissatisfied 1 2 3 4 5 6 7 8 9 10 *Extremely satisfied*

4. Please circle the number that shows **how satisfied you are** right now with your life as a whole:

Extremely dissatisfied 1 2 3 4 5 6 7 8 9 10 *Extremely satisfied*

B. About My Family

This section is about the relationship(s) you have with the adult(s) in your immediate family.

STEP 1: circle the title that describes your first caregiver (e.g. mother) and provide your item ratings

STEP 2: if applicable, circle the title of your second caregiver (e.g. father) and provide your item ratings

STEP 1

STEP 2

MY PRIMARY CAREGIVER IS (please circle one):					MY SECOND CAREGIVER IS (please circle one):					
Mother/Father / Female Guardian /Male Guardian					Mother / Father / Female Guardian /Male Guardian					
Not at all true	Somewhat true		Very true			Not at all true	Somewhat true		Very true	
1	2	3	4	5	a. I find it easy to talk to him / her	1	2	3	4	5
1	2	3	4	5	b. I believe s/he enjoys my company	1	2	3	4	5
1	2	3	4	5	c. S/he expects great things from me	1	2	3	4	5
1	2	3	4	5	d. S/he was happy with my GCSE results	1	2	3	4	5
1	2	3	4	5	e. S/he always pushes me to do my best	1	2	3	4	5
1	2	3	4	5	f. S/he is disappointed in me	1	2	3	4	5
1	2	3	4	5	g. I am very like him/her	1	2	3	4	5
1	2	3	4	5	h. S/he prefers my twin or sibling(s)	1	2	3	4	5

C. About My Peer Relationships

1. How true are the following statements about your relationships with friends and other young people during Years 10 and 11?

If a starred item (*) does not apply to you please just skip it.

	Not at all true		Somewhat true		Very true
a. I was generally happy with my friendships	1	2	3	4	5
b. I often found it hard to say no to my friends	1	2	3	4	5
c. I spent too much time going out with friends	1	2	3	4	5
d. Chatting with friends by phone/on-line distracted me from studying	1	2	3	4	5
e. I was never lonely at school	1	2	3	4	5
f. I had plenty of school friends	1	2	3	4	5
g. I was bullied in secondary school	1	2	3	4	5
h. I was bullied in primary school	1	2	3	4	5
i. I was bullied on-line	1	2	3	4	5
j. I was bullied by a sibling	1	2	3	4	5
k. I had a best friend	1	2	3	4	5
l. I could talk to my best friend about anything*	1	2	3	4	5
m. I made important decisions so that I could stay with my friend(s)	1	2	3	4	5
n. I had a boyfriend or girlfriend	1	2	3	4	5
o. I enjoyed having a romantic relationship*	1	2	3	4	5
p. I spent a lot of time with my boyfriend or girlfriend*	1	2	3	4	5
q. I studied with my boyfriend or girlfriend*	1	2	3	4	5
r. I wished I had different friends during Years 10/11	1	2	3	4	5
s. I think I will always be close to my Year 10/11 friends	1	2	3	4	5
t. My friends made school a happy place for me	1	2	3	4	5

2. How true are the following statements about your friends' influence on your behaviour during Years 10 and 11?

My friends ...

	Not at all true		Somewhat true		Very true
a. motivated me to study hard	1	2	3	4	5
b. encouraged me to mess about in class	1	2	3	4	5
c. expected me to dress like them	1	2	3	4	5
d. made me feel good about how I looked	1	2	3	4	5
e. distracted me from my studies	1	2	3	4	5
f. wanted me to take the same path as them after Year 11	1	2	3	4	5
g. offered me cigarettes	1	2	3	4	5
h. pressured me to try drugs	1	2	3	4	5
i. pressured me to have sex before I was ready	1	2	3	4	5
j. made me feel like I was part of a popular crowd	1	2	3	4	5

D. About My Education

Think about EACH GCSE subject (English, Maths, Science) when reading the following set of items. Please circle the number that matches your response (1 = *Not at all true*, 3 = *Somewhat true*, 5 = *Very true*).

1. My teacher(s)...	English	Maths	Science
a. was excellent	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
b. had high expectations of me	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
c. made me feel like I was stupid	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
d. treated me unfairly	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
e. treated me with respect	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
f. made sure I understood what I needed to do in the course	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
g. encouraged me to ask questions	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
h. answered my questions fully and carefully	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
i. offered revision classes	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
2. I believe...	English	Maths	Science
a. I should have been placed in a higher set	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
b. I should have been placed in a lower set	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
c. I was entered for a paper that was too difficult for me	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
d. I was entered for a paper that was too easy for me	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
e. I was taught with students who were less able than me	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
f. most students in my set were less well-behaved than me	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
g. I let my teacher(s) down by not doing as well as expected	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
h. I was good at this subject	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
i. I put in a lot of effort throughout the course	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
j. I should have revised harder for my exams	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
k. I should have worked harder on my coursework	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
l. I managed my study time effectively	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
3. I felt...	English	Maths	Science
a. confident I could live up to what my teacher(s) expected	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
b. like I had to work harder than most to get good marks	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
c. understood by my teacher(s)	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
d. like I clashed with my teacher(s)	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
e. able to be open with my teacher(s)	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
f. interested in what we were studying	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
g. confident I could understand the material we covered	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
h. confident I could master the skills we learned	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
i. confident I could get an excellent grade in my GCSE(s)	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
4. I was ...	English	Maths	Science
a. moved to a lower set at least once between Years 7 and 11	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
b. moved to a higher set at least once between Years 7 and 11	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5

E. About My Media

How true are the following statements?

	Not at all true		Somewhat true		Very true
1. I look for life advice from magazines, websites and other media	1	2	3	4	5
2. I have a wide social media network (e.g. Facebook friends)	1	2	3	4	5
3. My social media posts are well received (e.g., Like, Favourite, RT)	1	2	3	4	5
4. I get a lot of useful information through social media sites	1	2	3	4	5
5. I get emotional support from my social media contacts	1	2	3	4	5
6. When using social media sites, I feel connected with others	1	2	3	4	5
7. My phone distracts me from what I need to do	1	2	3	4	5
8. I spend more time playing video games than I should	1	2	3	4	5
9. I spend too much time watching TV or DVDs	1	2	3	4	5
10. I would be more successful if I spent less time on-line	1	2	3	4	5

F. About My Future

1. My plans for after Year 11 were influenced by ...

	Not at all true		Somewhat true		Very true
a. an adult role model or mentor	1	2	3	4	5
b. my mother's career choice or life experience	1	2	3	4	5
c. my father's career choice or life experience	1	2	3	4	5
d. my twin/sibling's plans – I want a similar future	1	2	3	4	5
e. my twin/sibling's plans – I want a different future	1	2	3	4	5
f. competitiveness between me and my twin/sibling(s)	1	2	3	4	5
g. careers advice at school	1	2	3	4	5
h. interesting work training/experience	1	2	3	4	5
i. a hobby or long-standing interest	1	2	3	4	5
j. experiences I had during a holiday or day trip	1	2	3	4	5
k. part-time job experiences	1	2	3	4	5
l. volunteering experiences	1	2	3	4	5

2. How true are the following statements about your future plans?

	Not at all true		Somewhat true		Very true
a. I have a clear plan for what I hope to do next	1	2	3	4	5
b. I received a lot of support from school in making my decision about what to do after Year 11	1	2	3	4	5
c. By the end of Year 11 I had a good knowledge of my options for what to do next	1	2	3	4	5
d. I am confident I can live up to what my parents expect of me	1	2	3	4	5
e. I am confident I can live up to what my peers expect of me	1	2	3	4	5
f. I am confident I can live up to what my teachers expect of me	1	2	3	4	5
g. I am confident I can live up to what I expect of myself	1	2	3	4	5

Thank you for sharing this information! We really appreciate it. Your answers will be used to find new ways of helping young people to fulfil their potential within the education system